

WELCOME TO OUR CHURCH COMMUNITY



If this is your first newsletter, **welcome!** If you have any questions about the church family, the Christian faith, or about our children's work, please do not hesitate to get in touch. This notice sheet covers the next two weeks:

- Notices.
- The church diary (including livestream & Zoom joining instructions).
- Prayers and readings for the morning services on Sunday 16th & 23rd August 2026.

For enquiries please contact our administrator Vicky: chadbrookoffice@gmail.com or 07804 558160.

Brief reflection - Psalm 1

When driving back from the amazing Alpheton and Shimpling barn dance last night (a fantastic evening thank you to all involved), some strange wet particles hit my windscreen ... if only for a few brief seconds. As the dry period continues the many references in the bible to drought and water are coming into sharper focus. Psalm 1, which in a sense summarises all of the following 149 Psalms. Here it is:

¹ Blessed is the one
who does not walk in step with the wicked
or stand in the way that sinners take
or sit in the company of mockers,
² but whose delight is in the law of the LORD,
and who meditates on his law day and night.
³ That person is like a tree planted by streams of water,
which yields its fruit in season
and whose leaf does not wither—
whatever they do prospers.
⁴ Not so the wicked!
They are like chaff
that the wind blows away.
⁵ Therefore the wicked will not stand in the judgment,
nor sinners in the assembly of the righteous.
⁶ For the LORD watches over the way of the righteous,
but the way of the wicked leads to destruction. (NIV, from Bible Gateway)

Verging

It is a great privilege to support people attending weddings, funerals, or baptisms in our churches - these are such important occasions in their lives. If anyone is interested in verging at weddings and funerals within any of our churches please contact Vicky on 07804 558160.

Suffolk Churches Ride & Stride

We will once again be taking part in the Suffolk Church Ride & Stride day on Saturday 12th September, Carolyn & Steven are looking for volunteers to help with refreshments at both Holy Trinity & St Catherine's, if you can possibly spare a little time on the day please contact them (see poster details on page 3)

Macmillan Coffee morning

Please come and join us for our Coffee Morning in aid of Macmillan Cancer, to be held this year at Scout headquarters (next to the village hall) in Long Melford, on Saturday 26th September, 10am until 12. There will also be a raffle and second-hand book stall. Any raffle donations would be greatly appreciated. We look forward to welcoming you, Jan & Ron



Walk to Lavenham Church

As you are probably aware Nicky's curacy is split between us here in Chadbrook (pioneering) and Lavenham (traditional). As our relationship with Lavenham develops, and following their walk to Long Melford last year, all of the church family are invited to join us on Sunday 27th September, starting at 2.00pm at Melford Church, to walk to Lavenham where there will be a simple welcome tea. Please let Vicky know if you would like to attend (and whether you could help with a car shuffle) chadbrookoffice@gmail.com or 07804 558160. It is approximately 5 miles. If you are unable to walk and would like to meet us at Lavenham (4-ish) you would be most welcome and please also let Vicky know. This is an event organised by the 4 o'clock Community.



Are you a Vicar of Dibley fan?

Then there is a treat in store for you at the Theatre Royal in Bury St Edmunds. Please see the flyer overleaf. Tickets can be bought here: <https://theatreroyal.org/whats-on/> or call 01284 769505.

Dates for your diary include:

12 th September	Suffolk Churches Ride & Stride
19 th September	Harvest Supper at Alpheton Village Hall
26 th September	6.00pm Evening Flute Recital at Holy Trinity (see flyer)
27 th September	2.00pm Walk from Holy Trinity to Lavenham Church
3 rd October	Lawshall Harvest Supper
31 th October	Light Gazebo in Cordell Place Long Melford
1 st Nov	6.30pm All Souls Choral Evensong at Holy Trinity

Have your say ...

This is just a reminder that we have been invited to give feedback to Bishop Joanne as detailed below. The deadline for submissions is the 28th August Please use the QR code or click [here](#) (sorry you will need to set up a login). For more information and to pray please click [here](#).



"Since arriving in Suffolk, I've been struck by how deeply the Growing in God vision is embedded across our Diocese.

As your Bishop, I have a valuable opportunity to pause, to listen afresh to you, and to hear with you what God is saying, and to be attentive to what is happening in the life of our communities.

Together We are Listening is an invitation to everyone in the Diocese to engage in a rhythm of prayer throughout the process of listening and discernment that will shape our future strategy.

I warmly invite you to take part and to respond to some key questions so that we can better understand where we are as a Church now - our gifts, our resources, our challenges, and the opportunities ahead."

+ Joanne

As you pray, pause, and pay attention, you may sense:

- a word or phrase
- a picture or image
- a nudge or prompting
- a word of Scripture that stands out
- a theme that keeps returning
- a hope, concern, or question
- something God is already growing

What might God be drawing to our attention - individually or together as a Diocese?

For more information and to take part:

Scan the QR code or visit:
[www.cofesuffolk.org/
together-we-are-listening](http://www.cofesuffolk.org/together-we-are-listening)



Suggestions for prayer include:

- We pray for those affected by the drought and for rain.
- We pray for world leaders that they would remain humble, seek peace, and be open to the Spirit of God.
- We pray for our politicians and all in authority.
- Please pray for all getting married or baptised this year, and give thanks for the many getting married in our churches.
- We remember before God those who have recently died including Doreen Dixey, Ian French & Melita Gooding and we pray for those friends & family who mourn
- We pray for those in need of God's presence or his healing touch including 4-year old Alia, Barbara Brady, David Bremer, Margery Brinkley, Elizabeth Clarke, Christopher Freeman, Robert Hawkins, Joan Jacobs, Jenny Lister, Judith Mills, Ann Share, Mary Tuffen, and Abigail S.



June – August 2026
1.10pm every Wednesday

JUNE	
3	JOANNA LAM Piano
10	CheGO Chelmsford Guitar Orchestra
17	STACKS OF SAX Saxophone Ensemble
24	ROCK CHOIR A variety of great tunes
JULY	
1	MAV DUO Mixed styles from Colombia, Cello & Harp
8	ALTHENA ENSEMBLE Violin, Oboe, Flute & Piano
15	LIZZIE GUTTERIDGE Music from around the time of Holy Trinity Church
22	JEFFERY WILSON and JOHN HUMAN Clarinet, Saxophone & Piano
29	ROCOCOS An 18 th century grand tour, Baroque Quartet
AUGUST	
5	PHILIP PRIOR Organ
12	SACKVILLE PIANO TRIO Piano, Violin & Cello
19	STEPHEN GUTMAN Piano
26	BEECH DUO Guitar & Violin

The organisers reserve the right to change recitals without notice

Elizabeth Rossi and Nigel Brown present;

A Flute Recital

6pm Saturday 26th September 2026
Holy Trinity, Long Melford, CO10 9DL

Featuring the music of Schubert, Poulenc & Ferroud.
Music to lead us out of Summer and into Autumn.

Tickets £10

Contact Elizabeth on 07932233431 or email.
ejcobb@talktalk.net for tickets! Pay on the door available.

Suffolk Churches Ride and Stride

Suffolk Historic Churches Trust

**Saturday,
12 September 2026
9.00am - 5.00pm**

Local Organiser
from whom sponsorship
forms are available:

**STEPHEN & CAROLYN
SPRAGGONS
8 ST CATHERINE'S
ROAD
LONG MELFORD
01787 370686**

Visit shct.org.uk for more information.
You can also find us on Facebook and X.
Sponsorship money raised will be divided between Suffolk Historic Churches Trust
and the church or chapel chosen by the participant.

BSEODS
BURY ST EDMUND'S OPERATIC & DRAMATIC SOCIETY

THE VICAR OF DIBLEY

A stage adaptation by Ian Gower and Paul Carpenter
Based on the original TV series
Written by Richard Curtis and Paul Mayhew-Archer
Produced by Tiger Aspect Productions

THEATRE ROYAL
BURY ST EDMUND'S

**NEW
DATES**

22nd-26th September 2026

Diary

Sun 16 th	9.00am	Communion at Shimpling
	10.30am	Family Communion at Holy Trinity *
Mon 17 th	7.30pm	Lawshall Home Group
Tues 18 th	9.00am	Morning Prayer #
Wed 19 th	10.00am	Communion at Steeds Meadow
	1.10pm	Melford Music at Holy Trinity
	2.00pm	Communion at Melford Court
Thurs 20 th	7.00pm	Choir Practice
Fri 21 st	4.00pm	Wedding Rehearsal at Holy Trinity – Csaba & Chloe
Sat 22 nd	12.00pm	Wedding at Holy Trinity – Csaba & Chloe
Sun 23 rd	10.30am	Communion at Holy Trinity *
	12.30pm	Christening at Holy Trinity
Tues 25 th	9.00am	Morning Prayer #
Wed 26 th	1.10pm	Melford Music at Holy Trinity
	3.30pm	Funeral at Holy Trinity – Ian French
Thurs 27 th	7.00pm	Choir Practice
Sun 30 th	10.30am	Family Communion at Holy Trinity *
	1.00pm	Christenings at Lawshall
	6.30pm	Communion at Lawshall

*** Livestream Joining Instructions for services at Holy Trinity**

- Google the five words “Holy Trinity Long Melford Facebook” or [click here](#) to open the church’s Facebook page (scroll down a bit to see the feed).
- Please note that you do not need a Facebook account yourself in order to watch the livestream.

Morning Prayer Zoom Meeting ID: 816 5338 9796, Passcode: 289895, or click [here](#).

Readings for the 16th August 2026 – Trinity 11**Collect (prayer for the day)**

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

First Reading**Romans 11.1-2a, 29-32**

I ask then: did God reject his people? By no means! I am an Israelite myself, a descendant of Abraham, from the tribe of Benjamin. ²God did not reject his people, whom he foreknew. Don't you know what Scripture says in the passage about Elijah – how he appealed to God against Israel: for God's gifts and his call are irrevocable. ³⁰Just as you who were at one time disobedient to God have now received mercy as a result of their disobedience, ³¹so they too have now become disobedient in order that they too may now receive mercy as a result of God's mercy to you. ³²For God has bound everyone over to disobedience so that he may have mercy on them all.

This is the word of the Lord

Thanks be to God

Old Testament Reading**Genesis 45.1-15**

Then Joseph could no longer control himself before all his attendants, and he cried out, 'Make everyone leave my presence!' So there was no one with Joseph when he made himself known to his brothers. ²And he wept so loudly that the Egyptians heard him, and Pharaoh's household heard about it.

³Joseph said to his brothers, 'I am Joseph! Is my father still living?' But his brothers were not able to answer him, because they were terrified at his presence.

⁴Then Joseph said to his brothers, 'Come close to me.' When they had done so, he said, 'I am your brother Joseph, the one you sold into Egypt! ⁵And now, do not be distressed and do not be angry with yourselves for selling me here, because it was to save lives that God sent me ahead of you. ⁶For two years now there has been famine in the land, and for the next five years there will be no ploughing and reaping. ⁷But God sent me ahead of you to preserve for you a remnant on earth and to save your lives by a great deliverance.

⁸'So then, it was not you who sent me here, but God. He made me father to Pharaoh, lord of his entire household and ruler of all Egypt. ⁹Now hurry back to my father and say to him, "This is what your son Joseph says: God has made me lord of all Egypt. Come down to me; don't delay. ¹⁰You shall live in the region of Goshen and be near me – you, your children and grandchildren, your flocks and herds, and all you have. ¹¹I will provide for you there, because five years of famine are still to come. Otherwise you and your household and all who belong to you will become destitute."

¹²'You can see for yourselves, and so can my brother Benjamin, that it is really I who am speaking to you. ¹³Tell my father about all the honour accorded me in Egypt and about everything you have seen. And bring my father down here quickly.'

¹⁴Then he threw his arms around his brother Benjamin and wept, and Benjamin embraced him, weeping. ¹⁵And he kissed all his brothers and wept over them. Afterwards his brothers talked with him.

Gospel Reading**Matthew 15.10-28**

Hear the Gospel of our Lord Jesus Christ according to Matthew

Glory to you, O Lord

Jesus called the crowd to him and said, 'Listen and understand. ¹¹What goes into someone's mouth does not defile them, but what comes out of their mouth, that is what defiles them.'

¹²Then the disciples came to him and asked, 'Do you know that the Pharisees were offended when they heard this?'

¹³ He replied, 'Every plant that my heavenly Father has not planted will be pulled up by the roots. ¹⁴ Leave them; they are blind guides. If the blind lead the blind, both will fall into a pit.'

¹⁵ Peter said, 'Explain the parable to us.'

¹⁶ 'Are you still so dull?' Jesus asked them. ¹⁷ 'Don't you see that whatever enters the mouth goes into the stomach and then out of the body? ¹⁸ But the things that come out of a person's mouth come from the heart, and these defile them. ¹⁹ For out of the heart come evil thoughts – murder, adultery, sexual immorality, theft, false testimony, slander. ²⁰ These are what defile a person; but eating with unwashed hands does not defile them.'

²¹ Leaving that place, Jesus withdrew to the region of Tyre and Sidon. ²² A Canaanite woman from that vicinity came to him, crying out, 'Lord, Son of David, have mercy on me! My daughter is demon-possessed and suffering terribly.'

²³ Jesus did not answer a word. So his disciples came to him and urged him, 'Send her away, for she keeps crying out after us.'

²⁴ He answered, 'I was sent only to the lost sheep of Israel.'

²⁵ The woman came and knelt before him. 'Lord, help me!' she said.

²⁶ He replied, 'It is not right to take the children's bread and toss it to the dogs.'

²⁷ 'Yes it is, Lord,' she said. 'Even the dogs eat the crumbs that fall from their master's table.'

²⁸ Then Jesus said to her, 'Woman, you have great faith! Your request is granted.' And her daughter was healed at that moment.

This is the Gospel of the Lord

Praise to You O Christ

Post Communion Prayer

Lord of all mercy, we your faithful people have celebrated that one true sacrifice which takes away our sins and brings pardon and peace: by our communion keep us firm on the foundation of the gospel and preserve us from all sin; through Jesus Christ our Lord. **Amen**

Readings for the 23rd August 2026 – Trinity 12**Collect (prayer for the day)**

Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire or deserve: pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid and giving us those good things which we are not worthy to ask but through the merits and mediation of Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

First Reading**Romans 12.1-8**

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God – this is your true and proper worship. ² Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will. ³ For by the grace given me I say to every one of you: do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you. ⁴ For just as each of us has one body with many members, and these members do not all have the same function, ⁵ so in Christ we, though many, form one body, and each member belongs to all the others. ⁶ We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; ⁷ if it is serving, then serve; if it is teaching, then teach; ⁸ if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully.

This is the word of the Lord

Thanks be to God

Gospel Reading**Matthew 16.13-20**

Hear the Gospel of our Lord Jesus Christ according to Matthew

Glory to you, O Lord

¹³ When Jesus came to the region of Caesarea Philippi, he asked his disciples, 'Who do people say the Son of Man is?'

¹⁴ They replied, 'Some say John the Baptist; others say Elijah; and still others, Jeremiah or one of the prophets.'

¹⁵ 'But what about you?' he asked. 'Who do you say I am?'

¹⁶ Simon Peter answered, 'You are the Messiah, the Son of the living God.'

¹⁷ Jesus replied, 'Blessed are you, Simon son of Jonah, for this was not revealed to you by flesh and blood, but by my Father in heaven. ¹⁸ And I tell you that you are Peter,^[a] and on this rock I will build my church, and the gates of Hades^[b] will not overcome it. ¹⁹ I will give you the keys of the kingdom of heaven; whatever you bind on earth will be^[c] bound in heaven, and whatever you loose on earth will be^[d] loosed in heaven.' ²⁰ Then he ordered his disciples not to tell anyone that he was the Messiah.

This is the Gospel of the Lord

Praise to You O Christ

(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))

Post Communion Prayer

God of all mercy, in this eucharist you have set aside our sins and given us your healing: grant that we who are made whole in Christ may bring that healing to this broken world, in the name of Jesus Christ our Lord.

Amen