

WELCOME TO OUR CHURCH COMMUNITY



If this is your first newsletter, **welcome!** If you have any questions about the church family, the Christian faith, or about our children's work, please do not hesitate to get in touch. This notice sheet covers the next two weeks:

- Notices.
- The church diary (including livestream & Zoom joining instructions).
- Prayers and readings for the morning services on Sunday 2nd & 9th August 2026.

For enquiries please contact our administrator Vicky: chadbrookoffice@gmail.com or 07804 558160.

Verging

If anyone is interested in verging at weddings and funerals within any of our churches please contact Vicky on 07804 558160.

Suffolk Churches Ride & Stride

We will once again be taking part in the Suffolk Church Ride & Stride day on Saturday 12th September, Carolyn & Steven are looking for volunteers to help with refreshments at both Holy Trinity & St Catherine's, if you can possibly spare a little time on the day please contact them (see poster details on page 3)

Dates for your diary include:

14 th August	Barn Dance at Shimpling Park Farm
19 th August	Harvest Supper at Alpheton Village Hall
12 th September	Suffolk Churches Ride & Stride
26 th September	Flute Recital at Holy Trinity
3 rd October	Lawshall Harvest Supper

Macmillan Coffee morning

Please come and join us for our Coffee Morning in aid of Macmillan Cancer, to be held this year at Scout headquarters (next to the village hall) in Long Melford, on Saturday 26th September, 10am until 12. There will also be a raffle and second-hand book stall. Any raffle donations would be greatly appreciated. We look forward to welcoming you, Jan & Ron



The Suffolk Art Society
ART EXHIBITION
 at
 The Lady Chapel, Holy Trinity Church
LONG MELFORD



FRIDAY 17TH JULY – SUNDAY 2ND AUGUST

OPEN DAILY 10AM - 5.30PM EXCEPT

Friday 17th July 1pm - 5.30pm

Sunday 2nd Aug 10am - 4pm

FREE ADMISSION

www.suffolkartsociety.co.uk



MELFORD MUSIC
 presents

June – August 2026

1.10pm every Wednesday

JUNE

- 3 JOANNA LAM Piano
- 10 CheGO Chelmsford Guitar Orchestra
- 17 STACKS OF SAX Saxophone Ensemble
- 24 ROCK CHOIR A variety of great tunes

JULY

- 1 MAV DUO Mixed styles from Colombia, Cello & Harp
- 8 ALTHENA ENSEMBLE Violin, Oboe, Flute & Piano
- 15 LIZZIE GUTTERIDGE Music from around the time of Holy Trinity Church
- 22 JEFFERY WILSON and JOHN HUMAN Clarinet, Saxophone & Piano
- 29 ROCOCOS An 18th century grand tour, Baroque Quartet

AUGUST

- 5 PHILIP PRIOR Organ
- 12 SACKVILLE PIANO TRIO Piano, Violin & Cello
- 19 STEPHEN GUTMAN Piano
- 26 BEECH DUO Guitar & Violin

ALPHETON & SHIMPLING CHURCHES

FRIDAY 14 AUGUST · 7:30PM

**HARVEST
 BARN DANCE**



Catch the Pigeon
 Ceilidh Band and caller

7:30 – 11:00 PM
 Doors at 7:00

Shimpling
 Park Farm IP29 4HY

GOOD FOOD & BAR ON SITE

MORE INFO · GOOGLE 'A CHURCH NEAR YOU SHIMPLING'

£25

Scan QR Code
 to buy tickets



**Suffolk Churches
 Ride and Stride**



**Saturday,
 12 September 2026
 9.00am - 5.00pm**

Local Organiser
 from whom sponsorship
 forms are available:

**STEPHEN & CAROLYN
 SPRAGGONS
 8 ST CATHERINE'S
 ROAD
 LONG MELFORD
 01797 370696**



Visit shct.org.uk for more information.
 You can also find us on Facebook and X.
 Sponsorship money raised will be divided between Suffolk Historic Churches Trust
 and the church or chapel chosen by the participant.

Sun 2 nd	9.00am	Communion at Alpheton
	10.30am	Family Communion at Holy Trinity *
	4.00pm	Sing Lawshall
	6.30pm	Choral Evensong at Holy Trinity *
Mon 3 rd	7.30pm	Lawshall Home Group
Tues 4 th	9.00am	Morning Prayer #
Wed 5 th	1.10pm	Melford Music at Holy Trinity – Philip Prior
Thurs 6 th	7.00pm	Choir Practice
Sun 9 th	10.30am	Communion at Holy Trinity *
Tues 11 th	9.00am	Morning Prayer #
Wed 12 th	10.00am	Alpheton Coffee Caravan at Village Hall
	1.10pm	Melford Music at Holy Trinity – Sackville Piano Trio
Thurs 13 th	4.00pm	Wedding Rehearsal at Holy Trinity – Eddy & Kelly
	7.00pm	Choir Practice
Fri 14 th	2.00pm	Wedding at Holy Trinity – Eddy & Kelly
	7.00pm	Harvest Barn Dance at Shimpling Park Farm (see flyer above)
Sun 16 th	9.00am	Communion at Shimpling
	10.30am	Family Communion at Holy Trinity *

*** Livestream Joining Instructions for services at Holy Trinity**

- Google the five words “Holy Trinity Long Melford Facebook” or [click here](#) to open the church’s Facebook page (scroll down a bit to see the feed).
- Please note that you do not need a Facebook account yourself in order to watch the livestream.

Morning Prayer Zoom Meeting ID: 816 5338 9796, Passcode: 289895, or click [here](#).

Suggestions for prayer include:

- We pray for world leaders that they would remain humble, seek peace, and be open to the Spirit of God.
- We pray for our politicians and all in authority.
- Please pray for all getting married or baptised this year, and give thanks for the many getting married in our churches.
- We remember before God those who have recently died including Doreen Dixey and we pray for those friends & family who mourn
- We pray for those in need of God’s presence or his healing touch including 4-year old Alia, Barbara Brady, David Bremer, Margery Brinkley, Elizabeth Clarke, Christopher Freeman, Robert Hawkins, Joan Jacobs, Jenny Lister, Judith Mills, Ann Share, Mary Tuffen, and Abigail S.

Readings for the 2nd August 2026 – Trinity 9**Collect (prayer for the day)**

Gracious Father, revive your Church in our day, and make her holy, strong and faithful, for your glory's sake in Jesus Christ our Lord. **Amen**

First Reading**Romans 9.1-5**

I speak the truth in Christ – I am not lying, my conscience confirms it through the Holy Spirit – ²I have great sorrow and unceasing anguish in my heart. ³For I could wish that I myself were cursed and cut off from Christ for the sake of my people, those of my own race, ⁴the people of Israel. Theirs is the adoption to sonship; theirs the divine glory, the covenants, the receiving of the law, the temple worship and the promises. ⁵Theirs are the patriarchs, and from them is traced the human ancestry of the Messiah, who is God over all, for ever praised! Amen.

This is the word of the Lord

Thanks be to God

Old Testament Reading**Genesis 32.22-31**

That night Jacob got up and took his two wives, his two female servants and his eleven sons and crossed the ford of the Jabbok. ²³After he had sent them across the stream, he sent over all his possessions. ²⁴So Jacob was left alone, and a man wrestled with him till daybreak. ²⁵When the man saw that he could not overpower him, he touched the socket of Jacob's hip so that his hip was wrenched as he wrestled with the man. ²⁶Then the man said, 'Let me go, for it is daybreak.' But Jacob replied, 'I will not let you go unless you bless me.' ²⁷The man asked him, 'What is your name?' 'Jacob,' he answered.

²⁸Then the man said, 'Your name will no longer be Jacob, but Israel, because you have struggled with God and with humans and have overcome.' ²⁹Jacob said, 'Please tell me your name.' But he replied, 'Why do you ask my name?' Then he blessed him there.

³⁰So Jacob called the place Peniel, saying, 'It is because I saw God face to face, and yet my life was spared.'

³¹The sun rose above him as he passed Peniel, and he was limping because of his hip.

Gospel Reading**Matthew 14.13-21**

Hear the Gospel of our Lord Jesus Christ according to Matthew

Glory to you, O Lord

When Jesus heard what had happened, he withdrew by boat privately to a solitary place. Hearing of this, the crowds followed him on foot from the towns. ¹⁴When Jesus landed and saw a large crowd, he had compassion on them and healed those who were ill.

¹⁵As evening approached, the disciples came to him and said, 'This is a remote place, and it's already getting late. Send the crowds away, so that they can go to the villages and buy themselves some food.'

¹⁶Jesus replied, 'They do not need to go away. You give them something to eat.'

¹⁷'We have here only five loaves of bread and two fish,' they answered.

¹⁸'Bring them here to me,' he said. ¹⁹And he told the people to sit down on the grass. Taking the five loaves and the two fish and looking up to heaven, he gave thanks and broke the loaves. Then he gave them to the disciples, and the disciples gave them to the people. ²⁰They all ate and were satisfied, and the disciples picked up twelve basketfuls of broken pieces that were left over. ²¹The number of those who ate was about five thousand men, besides women and children.

This is the Gospel of the Lord

Praise to You O Christ

Post Communion Prayer

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God: in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord. **Amen**

Readings for the 9th August 2026 – Trinity 10**Collect (prayer for the day)**

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

First Reading**Romans 10.5-15**

Moses writes this about the righteousness that is by the law: 'The person who does these things will live by them.' ⁶ But the righteousness that is by faith says: 'Do not say in your heart, "Who will ascend into heaven?"' (that is, to bring Christ down) ⁷ 'or "Who will descend into the deep?"' (that is, to bring Christ up from the dead). ⁸ But what does it say? 'The word is near you; it is in your mouth and in your heart,' that is, the message concerning faith that we proclaim: ⁹ if you declare with your mouth, 'Jesus is Lord,' and believe in your heart that God raised him from the dead, you will be saved. ¹⁰ For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved. ¹¹ As Scripture says, 'Anyone who believes in him will never be put to shame.' ¹² For there is no difference between Jew and Gentile – the same Lord is Lord of all and richly blesses all who call on him, ¹³ for, 'Everyone who calls on the name of the Lord will be saved.'

¹⁴ How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them? ¹⁵ And how can anyone preach unless they are sent? As it is written: 'How beautiful are the feet of those who bring good news!'

This is the word of the Lord

Thanks be to God

Old Testament Reading**Genesis 37.1-4,21-28**

Jacob lived in the land where his father had stayed, the land of Canaan.

² This is the account of Jacob's family line.

Joseph, a young man of seventeen, was tending the flocks with his brothers, the sons of Bilhah and the sons of Zilpah, his father's wives, and he brought their father a bad report about them.

³ Now Israel loved Joseph more than any of his other sons, because he had been born to him in his old age; and he made an ornate robe for him. ⁴ When his brothers saw that their father loved him more than any of them, they hated him and could not speak a kind word to him. When Reuben heard this, he tried to rescue him from their hands. 'Let's not take his life,' he said. ²² 'Don't shed any blood. Throw him into this cistern here in the wilderness, but don't lay a hand on him.' Reuben said this to rescue him from them and take him back to his father.

²³ So when Joseph came to his brothers, they stripped him of his robe – the ornate robe he was wearing – ²⁴ and they took him and threw him into the cistern. The cistern was empty; there was no water in it. ²⁵ As they sat down to eat their meal, they looked up and saw a caravan of Ishmaelites coming from Gilead. Their camels were loaded with spices, balm and myrrh, and they were on their way to take them down to Egypt. ²⁶ Judah said to his brothers, 'What will we gain if we kill our brother and cover up his blood? ²⁷ Come, let's sell him to the Ishmaelites and not lay our hands on him; after all, he is our brother, our own flesh and blood.' His brothers agreed.

²⁸ So when the Midianite merchants came by, his brothers pulled Joseph up out of the cistern and sold him for twenty shekels of silver to the Ishmaelites, who took him to Egypt.

Gospel Reading

Matthew 14.22-33

Hear the Gospel of our Lord Jesus Christ according to Matthew

Glory to you, O Lord

Immediately Jesus made the disciples get into the boat and go on ahead of him to the other side, while he dismissed the crowd. ²³ After he had dismissed them, he went up on a mountainside by himself to pray. Later that night, he was there alone, ²⁴ and the boat was already a considerable distance from land, buffeted by the waves because the wind was against it.

²⁵ Shortly before dawn Jesus went out to them, walking on the lake. ²⁶ When the disciples saw him walking on the lake, they were terrified. 'It's a ghost,' they said, and cried out in fear.

²⁷ But Jesus immediately said to them: 'Take courage! It is I. Don't be afraid.'

²⁸ 'Lord, if it's you,' Peter replied, 'tell me to come to you on the water.'

²⁹ 'Come,' he said.

Then Peter got down out of the boat, walked on the water and came towards Jesus. ³⁰ But when he saw the wind, he was afraid and, beginning to sink, cried out, 'Lord, save me!'

³¹ Immediately Jesus reached out his hand and caught him. 'You of little faith,' he said, 'why did you doubt?'

³² And when they climbed into the boat, the wind died down. ³³ Then those who were in the boat worshipped him, saying, 'Truly you are the Son of God.'

This is the Gospel of the Lord

Praise to You O Christ

(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))

Post Communion Prayer

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord. **Amen**