

WELCOME TO OUR CHURCH COMMUNITY



If this is your first newsletter, **welcome!** If you have any questions about the church family, the Christian faith, or about our children's work, please do not hesitate to get in touch. This notice sheet covers the next two weeks and combines:

- Notices
- The church diary (including livestream & Zoom joining instructions),
- Prayers and readings for the morning services on Sunday 15th & 22nd June 2025.

Father's Day *(claim your chocolate bar!)*

Sunday the 15th is Father's Day as well as being Trinity Sunday in the church calendar. Whether you are a physical or spiritual father - do come along and claim your free chocolate bar! The Lord's prayer, which even today is more recognised than Shakespeare, Dickens and Churchill ([see here](#)), starts with the words 'Our Father'. But what is God the Father like? One my favourite parables is the Prodigal Son. But perhaps it would be better named 'The Loving Father'. He loves, gives us freedom to make our own choices (and mistakes), longs for relationship, and celebrates when we return to him. So let us give thanks for our fathers, and let us give thanks for God the Father ... and Son and Holy Spirit!



Loving Father, we thank you for the gift and calling of fatherhood.

For fathers who reflect your kindness, strength and joy, we give you praise.

For those who find this day hard – through loss, pain or absence – may your comfort be near.

Help all fathers and father-figures to walk in wisdom,

lead with love and be men after your own heart.

*And for all of us – children of earthly dads – help us to show grace,
just as we have received it. Amen.*

Glory, Gifts, Glee and Gratitude

There will be an open-air service at Foxearth Meadows Nature Reserve, Sudbury CM8 3JD on 22nd June at 3.00pm with speaker Dr Andrew Crowson. Refreshments included, bring along a rug for comfort. For more information and directions please see [here](#).



What about the Old Testament?

Jesus' Bible was our Old Testament ... which comprises 39 of the 66 books of our Bible. Indeed, Jesus referenced the Old Testament on many occasions, and clearly saw his life as being a fulfilment of Old Testament prophesy. One way we can enrich our relationship with Jesus is to understand his relationship with the OT scriptures more deeply. Accordingly, following a ministry team meeting last week, we are going to be including OT readings in the notice sheet, and our preachers have been encouraged, from time to time, to preach from the OT passage or to refer to it in sermons. One way to interpret the Old Testament is to look at it through the lens of Jesus' life, death and resurrection ... and to remember that Jesus' summary of the Law and the Prophets was to love God and neighbour. Therefore I hope we will understand more deeply why the 10 commandments still apply to us today as Christians, and yet we are allowed to wear clothes with mixed fibres(!).



Quiz Night

★ Sharpen your pencils and your wits for...
THE 2ND ANNUAL STAINED GLASS FUND

Friday 11th July

6.30pm
Holy Trinity Church
doors open 6pm

QUIZ NIGHT

WITH SUPPER & WINE

Hosted by tiara-maker to the stars
ANDREW PRINCE

£15 per head, min 4 per team (max 6)

Price includes cold supper* and soft drinks
Wine available by the glass or bottle

For tickets call Simon on 07765 898650
or email simon@simon-edge.com

All proceeds go to conserve Long Melford's
medieval stained glass
— a unique national treasure

*Vegetarian option available



FaithChat

Please note that the date of the next meeting has moved to 19 July - 10.30 at the Tweeds as usual. If you would like to find out more about this discussion group on matters of faith please contact Malcolm or Judith on 01787 315689.

Confirmation Classes

If you are considering getting confirmed the Rector is planning some confirmation classes in autumn. Please speak to Matthew if you would like to come along - even if you are just asking questions and want to find out more.

Midweek Communion - *Steed's Meadow*

We hope that our Sunday worship draws all of us closer to God and encourages us in our life and witness during the week ahead. However a midweek top-up can be a good thing! We have a monthly midweek communion at Steed's Meadow to which the public are welcome (on the 3rd Wednesday). Why not come along on Wednesday the 18th June. Steed's Meadow is on Cordell Road in Long Melford (behind the doctor's surgery) postcode CO10 9EB, and the service is in the lounge indicated with the arrow.



Suggestions for prayer include:

- We pray for world leaders that they would remain humble, seek peace, and be open to the Spirit of God.
- We remember before God those who have recently died and we pray for those who mourn including the family & friends of Catrina Brooks, Abigail Leonard-Satwick, Henry Ruse & Jillian Ward.
- We pray for those in need of God's presence or his healing touch including Barbara Brady, David Bremer, Phillip Cole, Robert Hawkins, baby Munroe, and Mary Tuffen.



Dates for your Diary include:

Sat 21 st June	<i>from 4pm</i>	Alpheton Village BBQ with music and more
Sun 22 nd June	<i>10.30am</i>	Elders Commissioning / Recommissioning at HT with Archdeacon Sally Gaze
Sat 28 th June	<i>11.00am</i>	Ordination of Charlotte Harkness at the Cathedral
Sun 29 th June	<i>10.30am</i>	Clopton Rose Service at Holy Trinity
Sat 5 th July	TBC	Lawshall Flower Show
Sun 6 th July	<i>10.30am</i>	Pet Service Long Melford
Sun 6 th July	<i>4.00pm</i>	Pet Service Lawshall
Sat 12 th July	<i>daytime</i>	Melford Village Fair
Sun 10 th Aug	<i>afternoon</i>	'More tea vicar?' garden party at Ford Hall, Bridge Street
Sat 10 th Oct	<i>evening</i>	'The Emergers' will be playing for a fundraiser at Lawshall church

Diary

Sun 15 th June	9.00am	Shimpling Communion
	10.30am	Communion at Holy Trinity*
	4.00pm	Pub Social at The Hare, Melford
Mon 16 th	9.30am	Connect baby & toddler group at St Catherine's
	7.30pm	A&S Homegroup
Tues 17 th	9.00am	Morning Prayer #
	1.00pm	Funeral at Holy Trinity – Henry Ruse
	2.30pm	Church Tour
Wed 18 th	10.00am	Communion at Steeds Meadow (All Welcome)
	11.00am	Melford Music Rehearsal
	1.10pm	Melford Music Recital at Holy Trinity
	2.00pm	Communion at Melford Court
	7.45pm	Friends of Holy Trinity AGM – Lady Chapel
Thurs 19 th	1.00pm	Funeral at Holy Trinity – Roger Benjafield
	7.00pm	Choir Practice
Fri 20 th	4.30pm	Church Tour
	7.30pm	Fusion Youth Group
Sat 21 st	4.00pm	Alpheton Village BBQ
Sun 22 nd	10.30am	Elders Commissioning & Communion at Holy Trinity *
	4.00pm	Shine Informal Worship at Holy Trinity, Long Melford
Mon 23 rd	9.30am	Connect baby & toddler group at St Catherine's
Tues 24 th	9.00am	Morning Prayer #
Wed 25 th	10.00am	Coffee Caravan at Alpheton Village Hall
	11.00am	Melford Music Rehearsal
	1.10pm	Melford Music Recital at Holy Trinity
Thurs 26 th	7.00pm	Choir Practice Holy Trinity
Sat 28 th	11.00am	Charlotte Harkness Ordination – Bury Cathedral
	2.30pm	Wedding at Alpheton – Emlyn & Sarah
Sun 29 th	10.30am	Communion at Holy Trinity*
	4.00pm	Messy Church -Glebe Land, Melford
	6.30pm	Communion at Lawshall

*** Livestream Joining Instructions**

- Google the five words “Holy Trinity Long Melford Facebook” or [click here](#) to open the church’s Facebook page (scroll down a bit to see the feed).
- Please note that you do not need a Facebook account yourself in order to watch the livestream.

Morning Prayer Zoom Meeting ID: 816 5338 9796, Passcode: 289895, or click [here](#).

*Readings for the 15th June –Trinity Sunday***Collect (prayer for the day)**

Almighty and everlasting God, you have given us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity and in the power of the divine majesty to worship the Unity: keep us steadfast in this faith, that we may evermore be defended from all adversities; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen**First Reading****Romans 5:1-5**

Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, ²through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God. ³Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; ⁴perseverance, character; and character, hope. ⁵And hope does not put us to shame, because God’s love has been poured out into our hearts through the Holy Spirit, who has been given to us.

*This is the word of the Lord****Thanks be to God*****Old Testament Reading****Proverbs 8:1-4,22-31**

Does not wisdom call out?

Does not understanding raise her voice?

² At the highest point along the way,
where the paths meet, she takes her stand;

³ beside the gate leading into the city,
at the entrance, she cries aloud:

⁴ ‘To you, O people, I call out;
I raise my voice to all humanity.

‘The Lord brought me forth as the first of his works,
before his deeds of old;

²³ I was formed long ages ago,
at the very beginning, when the world came to be.

²⁴ When there were no watery depths, I was given birth,
when there were no springs overflowing with water;

²⁵ before the mountains were settled in place,
before the hills, I was given birth,

²⁶ before he made the world or its fields

or any of the dust of the earth.

²⁷ I was there when he set the heavens in place,
when he marked out the horizon on the face of the deep,

²⁸ when he established the clouds above
and fixed securely the fountains of the deep,

²⁹ when he gave the sea its boundary
so that the waters would not overstep his command,
and when he marked out the foundations of the earth.

³⁰ Then I was constantly at his side.

I was filled with delight day after day,
rejoicing always in his presence,

³¹ rejoicing in his whole world
and delighting in the human race.

Gospel Reading

John 16:12-15

Hear the Gospel of our Lord Jesus Christ according to John

Glory to you, O Lord

‘I have much more to say to you, more than you can now bear. ¹³ But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come. ¹⁴ He will glorify me because it is from me that he will receive what he will make known to you. ¹⁵ All that belongs to the Father is mine. That is why I said the Spirit will receive from me what he will make known to you.’

This is the Gospel of the Lord

Praise to You O Christ

(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))

Post Communion Prayer

Almighty and eternal God, you have revealed yourself as Father, Son and Holy Spirit, and live and reign in the perfect unity of love: hold us firm in this faith, that we may know you in all your ways and evermore rejoice in your eternal glory, who are three Persons yet one God, now and for ever. **Amen**

Readings for the 22nd June - Trinity 1**Collect (prayer for the day)**

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your race, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

First Reading**Galatians 3:23-29**

Before the coming of this faith, we were held in custody under the law, locked up until the faith that was to come would be revealed. ²⁴ So the law was our guardian until Christ came that we might be justified by faith. ²⁵ Now that this faith has come, we are no longer under a guardian.

²⁶ So in Christ Jesus you are all children of God through faith, ²⁷ for all of you who were baptised into Christ have clothed yourselves with Christ. ²⁸ There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus. ²⁹ If you belong to Christ, then you are Abraham's seed, and heirs according to the promise.

This is the word of the Lord

Thanks be to God

Old Testament Reading**1 Kings 19:1-15**

Now Ahab told Jezebel everything Elijah had done and how he had killed all the prophets with the sword. ² So Jezebel sent a messenger to Elijah to say, 'May the gods deal with me, be it ever so severely, if by this time tomorrow I do not make your life like that of one of them.'

³ Elijah was afraid and ran for his life. When he came to Beersheba in Judah, he left his servant there, ⁴ while he himself went a day's journey into the wilderness. He came to a broom bush, sat down under it and prayed that he might die. 'I have had enough, Lord,' he said. 'Take my life; I am no better than my ancestors.' ⁵ Then he lay down under the bush and fell asleep.

All at once an angel touched him and said, 'Get up and eat.' ⁶ He looked around, and there by his head was some bread baked over hot coals, and a jar of water. He ate and drank and then lay down again.

⁷ The angel of the Lord came back a second time and touched him and said, 'Get up and eat, for the journey is too much for you.' ⁸ So he got up and ate and drank. Strengthened by that food, he travelled for forty days and forty nights until he reached Horeb, the mountain of God. ⁹ There he went into a cave and spent the night.

And the word of the Lord came to him: 'What are you doing here, Elijah?'

¹⁰ He replied, 'I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too.'

¹¹ The Lord said, 'Go out and stand on the mountain in the presence of the Lord, for the Lord is about to pass by.'

Then a great and powerful wind tore the mountains apart and shattered the rocks before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. ¹² After the earthquake came a fire, but the Lord was not in the fire. And after the fire came a gentle whisper. ¹³ When Elijah heard it, he pulled his cloak over his face and went out and stood at the mouth of the cave.

Then a voice said to him, 'What are you doing here, Elijah?'

¹⁴ He replied, 'I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too.'

¹⁵ The Lord said to him, 'Go back the way you came, and go to the Desert of Damascus. When you get there, anoint Hazael king over Aram.'

This is the word of the Lord

Thanks be to God

Gospel Reading

Luke 8:26-39

Hear the Gospel of our Lord Jesus Christ according to Luke

Glory to you, O Lord

They sailed to the region of the Gerasenes, which is across the lake from Galilee. ²⁷ When Jesus stepped ashore, he was met by a demon-possessed man from the town. For a long time this man had not worn clothes or lived in a house, but had lived in the tombs. ²⁸ When he saw Jesus, he cried out and fell at his feet, shouting at the top of his voice, 'What do you want with me, Jesus, Son of the Most High God? I beg you, don't torture me!' ²⁹ For Jesus had commanded the impure spirit to come out of the man. Many times it had seized him, and though he was chained hand and foot and kept under guard, he had broken his chains and had been driven by the demon into solitary places.

³⁰ Jesus asked him, 'What is your name?'

'Legion,' he replied, because many demons had gone into him. ³¹ And they begged Jesus repeatedly not to order them to go into the Abyss.

³² A large herd of pigs was feeding there on the hillside. The demons begged Jesus to let them go into the pigs, and he gave them permission. ³³ When the demons came out of the man, they went into the pigs, and the herd rushed down the steep bank into the lake and was drowned.

³⁴ When those tending the pigs saw what had happened, they ran off and reported this in the town and countryside, ³⁵ and the people went out to see what had happened. When they came to Jesus, they found the man from whom the demons had gone out, sitting at Jesus' feet, dressed and in his right mind; and they were afraid. ³⁶ Those who had seen it told the people how the demon-possessed man had been cured. ³⁷ Then all the people of the region of the Gerasenes asked Jesus to leave them, because they were overcome with fear. So he got into the boat and left.

³⁸ The man from whom the demons had gone out begged to go with him, but Jesus sent him away, saying, ³⁹ 'Return home and tell how much God has done for you.' So the man went away and told all over the town how much Jesus had done for him.

This is the Gospel of the Lord

Praise to You O Christ

(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))

Post Communion Prayer

Eternal Father, we thank you for nourishing us with these heavenly gifts: may our communion strengthen us in faith, build us up in hope, and make us grow in love; for the sake of Jesus Christ our Lord. **Amen**