

WELCOME TO OUR CHURCH COMMUNITY



If this is your first newsletter, welcome ... if you have any questions about the church family, the Christian faith, or about our children's work, please do not hesitate to get in touch. Our administrator Vicky is available on 07804 558160. This notice sheet covers the next week and combines:

- Notices
- The church diary (including livestream & Zoom joining instructions)
- Prayers and readings for the services on Sunday 13th October 2024

Wow!



Psalm 19 opens by stating "The Heaven's declare the Glory of the Lord"; this was very much in evidence earlier this week when the cold northerly wind came in. This photo of the Milky Way and the Aurora Borealis was taken by MD Photography from Sudbury (printed with permission).

A wonderful woman

It is with great sadness that we must announce that Audrey Wreford died peacefully on Friday Morning. Audrey has given generously throughout her life in so many ways, including to the church, to the Long Melford Royal British Legion, to the School, and more generally to the village. Audrey (and her late husband) will be particularly remembered for her involvement in Remembrance Day Services. Our prayers are with her family. May she rest in peace and rise in glory.

It doesn't only rain in England!

Mark Beaver has been cycling the length of Portugal this week raising money for the renovation of the East Window at Shimpling. Rather than sunshine and gentle breezes he has been battling torrential rain. Poor chap! It would be absolutely wonderful if you could help us with this final push to restore the beautiful stained-glass window in the East Chancel of the church and to repair the surrounding stonework inside and out by donating to Mark's JustGiving page [here?](#)



Closer to God?

As Christians we are encouraged to get closer to God, but how exactly do we do that? We can go to church, where we will hear His Word, sing hymns in His praise, and take Holy Communion. Or we can read the Bible to get a deeper insight into Scripture, or perhaps say grace before our meals to acknowledge His generosity. We can walk in the countryside and admire His creation, or we can help others by giving to charity, volunteering, or supporting friends and family in times of trouble. We can even join fellowship groups to share ideas on how to be better Christians. And, of course, we can pray.

According to a nationwide poll of over 2,000 adults carried out in 2018 by the Tearfund, 51% of UK adults pray. Even among those who say they are not religious, 20% say that they pray especially during a crisis. This suggests that even in our secular society prayer is still important to us and, as many of us who pray regularly know, it is perhaps the most effective way of getting closer to God. Why? Because God answers our prayers. He may not answer them immediately, or exactly in the way we hoped, but time and again He leads us to the right solution, one that helps us on our journey through life and, ultimately, brings us closer to Him.

So how, and when, do we pray? Some of us may pray in church. Others may pray before they go to sleep at night. Some may only pray when they or someone close to them is in trouble. Or we may just sneak in a little prayer as we drive to work in the morning especially if we are stuck in traffic and worried that we'll be late! Yet if prayer really is so good at bringing us closer to God, perhaps we should be more adventurous in how and when we do it? If you would like to try a new way of praying why not join our weekly online Prayer Group? It is held on Zoom every Tuesday from 9 – 9.30 a.m., and thanks to the miracle of technology you can join us from anywhere in the world, even wearing your pyjamas!

Miriam Toosey

(Zoom Meeting ID: 810 2345 2032, Password: 283350, or click [here](#))

Wooden Collection Box at Holy Trinity

Our heartfelt thanks go to David Hamand for organising the repair and return of the box which is now back in its rightful place, looking as magnificent as before. Sorting out the two burglaries is a long and complicated process and the help that David has given us has been invaluable ... a huge thankyou to all involved.

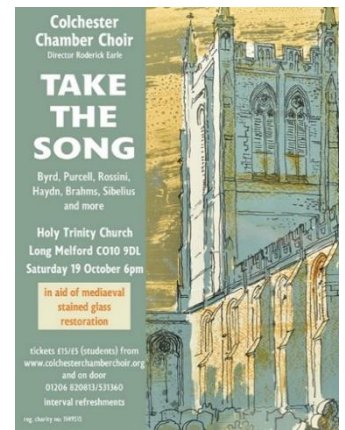
Sunday School

We are delighted that there is a team of parents who are very keen to lead a Sunday school at the 10.30am service. In light of the fact that there are a couple of 'new additions' due to be born in Winter, the plan is now to start in May. If you would like to get involved or find out more please contact Olivia on overter@tecsltd.co.uk.

Take the Song'

Holy Trinity will be the venue for a performance entitled 'Take the Song' on Saturday, 19th October commencing at 6pm by Colchester Chamber Choir. Under the direction of Roderick Earle, who currently teaches choral scholars at Trinity College, Cambridge, the evening will include works by Byrd, Purcell, Rossini, Brahms, Sibelius and Haydn. Tickets: £15 (£5 for students) are available online from colchesterchamberchoir.org and can also be purchased on the door. Wine, beer and soft drinks will be available.

All proceeds will go towards Holy Trinity's mediaeval stained-glass restoration



Easyfundraising for Holy Trinity Organ Fund

There's a free and easy way to support Holy Trinity Church Long Melford Organ Fund from home, and it starts with easyfundraising! Turn your online shopping at over 8,000 retailers into free donations. All your favourite retailers are available to shop with, so why not sign up? Plus, every new supporter is a chance for us to win one of ten £300 donations! Not only that, but when you go on to raise £5, easyfundraising will double it. Join [here](#)

Suggestions for Prayer

- We pray for a lasting peace in the Holy Land, for a resolution to the war in Ukraine, and a ceasing of hostilities in other places of violence and hatred including the unrest in towns and cities in our own country.
- We remember before God those who have recently died and those who mourn.
- We pray for those in need of God's presence or his healing touch including Barbara Brady, David Bremer, Robert Hawkins, Ian MacDonald, baby Munroe & Gordon Wright.

Holy Trinity Church

Featured again on Songs of Praise on 6 October. The programme had a harvest theme and included as one of the hymns 'We Plough the Fields and Scatter', recorded at the church on the evening of 19 July 2022. You can watch the [programme here](#).

Volunteering Opportunity

A team of Volunteers is meeting to help maintain the Country Park at Rodbridge. The next maintenance session is scheduled for cutting and raking on 12th October from 9.30am for a couple of hours – as long as it's not pouring with rain. All are welcome to attend.

Your generosity makes a difference ...

We are so grateful for the commitment and faithfulness of our congregations at a time when many are under pressure financially and in other ways. As well as giving time, talents, prayers, and love, this support includes regular giving financially through cash, cheques, or card readers at our services, QR codes, standing orders ... or the Parish Giving Scheme (which collects the gift aid automatically for us). If you are not already giving regularly, please could you consider starting – even if a small amount. Every little helps ... and it enables us to manage our resources more effectively. Also note that standing orders and the Parish Giving Scheme reduce the workload of our finance teams.

For Holy Trinity & St Catherine's:

- Ideally use the Parish Giving Scheme: call 0333 002 1271 (you will probably speak to an actual person!) or look up 'Long Melford' on the 'Parish Giving Scheme' website [here](#).
- And of course, you can make set up a standing order to: "Long Melford Parochial Church Council", Sort Code 60 21 03, Account Number 01206125 or make regular donations at our services.
- For a one-off donation please use the plates, card readers or this QR code:



For Alpheton & Shimpling:

- You can set up a standing order to: 'Alpheton & Shimpling PCC', Sort Code 60-04-16; Account Number 56293658 or make regular donations at our services.
- For a one-off donation please use the plates, card readers or this QR code:



For Lawshall

- You can set up a standing order to 'Lawshall PCC', Sort Code 60 04 16, Account Number 56267037 or make regular donations at our services (we are in the process of getting a card reader).
- For a one-off donation please use the plates or make a BACS transfer.

4 o'clock community

- As the 4 o'clock community operates across all the benefices, can we suggest that you split your donations between the three parishes (sorry if setting this up is a slight hassle but it is pretty quick if banking electronically).

Thankyou

Diary

Sun 13 th	10.30am	Communion at Holy Trinity *
	4.00pm	Harvest Festival at Lawshall
Mon 14 th	9.30am	Connect baby & toddler group
Tues 15 th	9.00am	Morning Prayer via zoom #
Wed 16 th	10.00am	Communion at Steeds Meadow – all welcome
	2.00pm	Communion at Melford Court
Thurs 17 th	7.00pm	Choir Practice at Holy Trinity
Fri 18 th	7.30pm	Fusion Youth Club
Sat 19 th	2.00pm	Colchester Chamber Choir rehearsal
	6.00pm	Take the Song Concert (see flyer page 2)
Sun 20 th	9.00am	Communion at Shimpling
	10.30am	Communion at Holy Trinity *
	4.00pm	Messy Church at Melford School

*** Livestream Joining Instructions**

- Google the five words “Holy Trinity Long Melford Facebook” or [click here](#) to open the church’s Facebook page (scroll down a bit to see the feed).
- Please note that you do not need a Facebook account yourself in order to watch the livestream.

Morning Prayer Zoom Meeting ID: 810 2345 2032, Password: 283350, or click [here](#).

Dates for your diary

3 rd Nov	6.30pm	All Souls Evensong
10 th Nov	9.00am	Remembrance Service at Alpheton
10 th Nov	10.45am	Remembrance Service at Lawshall
10 th Nov	10.50am	Remembrance Service at Holy Trinity (please note slightly later start of service)
17 th Nov	10.30am	Elders Commissioning with Archdeacon David Jenkins at Holy Trinity

ALL SOULS SERVICE

Holy Trinity Church, 6.30pm, 3rd November 2023



The "All Souls Service" will this year take place at Holy Trinity Church on Sunday 3rd November at 6.30pm.

If you would like a loved ones name/s to be read out email Vicky on chadbrookoffice@gmail.com or call 07804 558160, alternatively, please complete the slip below and return Vicky Moakes, c/o The Rectory, The Green, Long Melford, CO10 9DT by close of play Tuesday 29th October.

If you wish to have a name read out, please complete the slip below and return to Vicky Moakes, The Rectory, The Green, Long Melford, Sudbury, Suffolk, CO10 9DT.

Name.....
 Tel. / email
 In memory of.....
 In memory of.....
 In memory of.....
 In memory of.....

4 o'clock Community October and November

- | | | |
|-----|------------|---|
| Oct | 6th | 10.30 am Harvest Family service @ Holy Trinity |
| | 13th | 4pm Harvest @ All Saints, Lawshall |
| | 20th | 4pm Messy Church @ Melford Primary School |
| | 27th | 4pm Apple Day @ Lavenham Lodge Farm |
| Nov | 2nd (Sat) | 6pm Fireworks social @ Swan Inn, Lawshall
(in aid of Little Saplings Nursery) |
| | 3rd | 10.30 am Family service @ Holy Trinity |
| | 10th | Remembrance services (see websites) |
| | 17th | 4pm Shine @ Holy Trinity, Long Melford |
| | 24th | 4pm Hands together craft social venue TBC |
| | 30th (Sat) | Messy Christmas @ Melford Christmas Fayre |

Contact :-

Nicky 07938 681319 chadbrooklightwave@gmail.com

Or see our websites for more info :-
longmelfordchurch.com or achurchnearyou.com

Collect (*prayer for the day*)

God, the giver of life, whose Holy Spirit wells up within your Church: by the Spirit's gifts equip us to live the gospel of Christ and make us eager to do your will, that we may share with the whole creation the joys of eternal life; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

First Reading**Hebrews 4.12-16**

For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. ¹³ Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account.

¹⁴ Therefore, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess. ¹⁵ For we do not have a high priest who is unable to feel sympathy for our weaknesses, but we have one who has been tempted in every way, just as we are – yet he did not sin. ¹⁶ Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

This is the word of the Lord

Thanks be to God

Gospel Reading**Mark 10:17-31**

Hear the Gospel of our Lord Jesus Christ according to Mark

Glory to you, O Lord

As Jesus started on his way, a man ran up to him and fell on his knees before him. 'Good teacher,' he asked, 'what must I do to inherit eternal life?'

¹⁸ 'Why do you call me good?' Jesus answered. 'No one is good – except God alone. ¹⁹ You know the commandments: "You shall not murder, you shall not commit adultery, you shall not steal, you shall not give false testimony, you shall not defraud, honour your father and mother."'

²⁰ 'Teacher,' he declared, 'all these I have kept since I was a boy.'

²¹ Jesus looked at him and loved him. 'One thing you lack,' he said. 'Go, sell everything you have and give to the poor, and you will have treasure in heaven. Then come, follow me.'

²² At this the man's face fell. He went away sad, because he had great wealth.

²³ Jesus looked round and said to his disciples, 'How hard it is for the rich to enter the kingdom of God!'

²⁴ The disciples were amazed at his words. But Jesus said again, 'Children, how hard it is to enter the kingdom of God! ²⁵ It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.'

²⁶ The disciples were even more amazed, and said to each other, 'Who then can be saved?'

²⁷ Jesus looked at them and said, 'With man this is impossible, but not with God; all things are possible with God.'

²⁸ Then Peter spoke up, 'We have left everything to follow you!'

²⁹ 'Truly I tell you,' Jesus replied, 'no one who has left home or brothers or sisters or mother or father or children or fields for me and the gospel ³⁰ will fail to receive a hundred times as much in this present age: homes, brothers, sisters, mothers, children and fields – along with persecutions – and in the age to come eternal life. ³¹ But many who are first will be last, and the last first.'

This is the Gospel of the Lord

Praise to You O Christ

Post Communion Prayer

God our Father, whose Son, the light unfailing, has come from heaven to deliver the world from the darkness of ignorance: let these holy mysteries open the eyes of our understanding that we may know the way of life, and walk in it without stumbling; through Jesus Christ our Lord. **Amen**

Safeguarding

Promoting
a safer church

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the life of the Church

House of Bishops Safeguarding Policy for children, young people and adults

IF YOU ARE CONCERNED

that someone you know is at risk of, or is being abused, or presents a risk to others, please seek advice from a Safeguarding Adviser or if necessary report the matter to the Local Authority Social Care Services or the Police without delay.

Local contacts available to speak to if you have any concerns:

Name: CHERYL MORGAN
 Role: SAFEGUARDING OFFICER
 Tel: 07943 811030
 E-mail: 0305cam@comair.com

Name:
 Role:
 Tel:
 E-mail:

Name: **Karen Galloway**
 Role: **Diocesan Safeguarding Adviser**
 Tel: **07785 621319**
 E-mail: **karen.galloway@cofesuffolk.org**

Local Authority Social Services:
0808 800 4005


IF THERE IS IMMEDIATE RISK OR DANGER PLEASE CONTACT THE POLICE VIA 999 IN AN EMERGENCY OR 101

OUR COMMITMENTS

- Promoting a safer environment and culture
- Safely recruiting and supporting all those with any responsibility related to children and vulnerable adults
- Responding promptly to every safeguarding concern or allegation
- Caring pastorally for victims/survivors of abuse or other affected persons
- Caring pastorally for those who are the subject of concerns/allegations of abuse and other affected persons
- Responding to those that may pose a present risk.

HELPLINES

- NSPCC: 0800 800 5000
- Childline: 0800 1111
- Stop It Now: 0808 1000 900
- NAPAC: 0808 801 0331
- Samaritans: 116 123
- Family Lives: 0808 800 2222
- National Domestic Violence Helpline: 0808 2000 247
- Action On Elder Abuse: 080 8808 8141



THE CHURCH OF ENGLAND
Diocese of St Edmundsbury and Ipswich