

WELCOME TO OUR CHURCH COMMUNITY



If this is your first newsletter, welcome ... if you have any questions about the church family, the Christian faith, or about our children's work, please do not hesitate to get in touch. Our administrator Vicky is available on 07804 558160.

This notice sheet covers the next week and combines:

- Notices
- The church diary (including livestream & Zoom joining instructions)
- Prayers and readings for the services on Sunday 29th September 2024

Harvest Festivals

As we come to Celebrate God's provision of food through this year's harvest, please note the following ways in which we can come together to give thanks:

6 th Oct	9.00am	Harvest Festival at Alpheton
6 th Oct	10.30am	Harvest Festival at Long Melford
13 th Oct	4.00pm	Harvest Festival at Lawshall

Donations of food are welcome at all our Harvest services; these will then be sent to Storehouse Foodbank (or in Lawshall a community foodbank).

A Happy Occasion

Last Sunday it was a great joy to see Kevin being licensed as a Lay Reader at the Cathedral by Bishop Mike. We look forward to Kevin's ongoing ministry among us.



Some news from Charlotte Harkness

Charlotte is also training for formal ministry - here's an update from Charlotte

For the last couple of years I have been exploring the possibility of training in lay ministry, and what that might look like. This began when I was working alongside the Revd Sharon Connell, Head of Chaplaincy at St Nicholas Hospice Care. Sharon asked me if I'd considered the Diocesan Auxiliary Ordination Pathway (AOP) and I began to explore training in chaplaincy. From then, I joined a Fellowship of Vocation Group meeting at Abbey House in Bury St Edmunds. Following two selection panels, one local and one national, I have been commissioned and am now on the AOP. This pathway is flexible and is designed for local self-supporting parish ministry. A group of us meets fortnightly with Bishop Martin for bible study, reflection, communion and mutual support, and we also take a range of modules related to local ministry. This flexibility suits my work and family commitments and it means that I am able to take my time on this journey as I continue through the discernment process.

Bishop Mike’s Final Service (in Suffolk ...)

Sunday 29th September, 3.30pm St Edmundsbury Cathedral, Bury St Edmunds IP33 1LS. Everyone is warmly invited to St Edmundsbury Cathedral as we say farewell to Bishop Mike as he leaves to become the Bishop of Exeter. The service will be followed by Devon cream teas and fizz. For catering purposes, please use this link to RSVP so we have an indication of numbers [here](#). The service can also be views on the Cathedral facebook page [here](#).

(Just in case you are worried because Bishop Martin is leaving us in March 2025 for a well-earned retirement, please note that Bishop Graeme Knowles has been confirmed by Lambeth Palace to be the Acting Diocesan Bishop from 1 March. He was formerly Bishop of Sodor and Man and then Dean of St Paul’s, and retired to Bury in 2012. He has been serving as the chair of our DAC (a diocesan advisory group), and so knows much about the current life of the Diocese. Also Bishop Tim Stevens, retired Bishop of Leicester and formerly Bishop of Dunwich, also living in Bury, is offering to provide additional episcopal care in the Diocese, including for our AOP and Deacons and Priests programmes, as well as for occasional Sunday and other services.

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Harvest Suppers

We are extremely fortunate that two of our villages are hosting Harvest Suppers this year, please see details on the posters below if you would like to book tickets. Matthew will be doing a ‘Vicar of Dibley’ and attending both!



Macmillan Coffee Morning Thank You

Jan and Ron would like to thank everybody who supported their coffee morning in aid of Macmillan Cancer Charity. The wonderful amount of £856 was raised on the day and a few donations have been received since Saturday so it is looking like we could reach nearer to £900 so thank you all so much for your support

Service Rotas

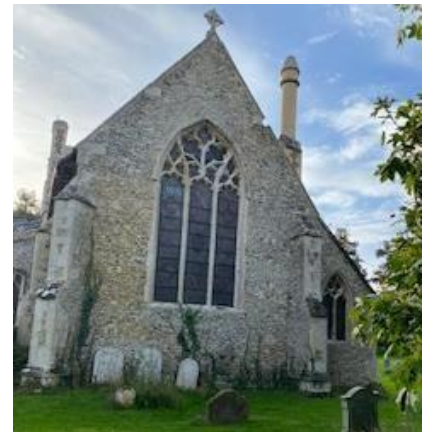
Are now on our website until the end of December 2024, I would be grateful if you could please let me know if you are down for anything which you cannot do & I will amend the rota. Many Thanks Vicky

Can you help - even if just once ...

Without mentioning names on this public document ... there is a dear couple who live in Waldingfield who have been regulars in our church community for many years. Due to illness they have been watching online since the pandemic. One of them is recovering from an operation at Hazell Court in Sudbury, and the other is housebound. If anyone is able to provide transport for a visit to Hazell Court so they can see one another, particularly over the next three weeks, please let Vicky or the Rector know. Many thanks.

St George's Church, Shimpling

Mark Beaver from Shimpling will from 5th - 12th October be cycling the length of the N2 route in Portugal which is the longest continuous road in the country and one of the longest in the world. He will be cycling for six consecutive days with long days in the saddle, 'I have had this challenge on my "bucket list" for a few years now so I cannot wait to start riding!' Over the past year we have worked hard to raise £51,500 from charity grants, from community fundraising events and from individual donations. We just need an additional £2,500 to reach our target of £54,000. It would be absolutely wonderful if you could help us with this final push to restore the beautiful stained-glass window in the East Chancel of the church and to repair the surrounding stonework inside and out.



Can you help by donating to Mark's JustGiving page [here](#).

Abseiling at Holy Trinity

1st Long Melford Scouts will be running another abseiling event on Saturday 5th October from approximately 10am until 6pm at Holy Trinity.

This time they will be welcoming Scout and Explorer groups from all over Suffolk and Essex to give them a truly unique experience and an opportunity to raise funds for their own projects or causes.

We'd love you to come along and show your support. Prayers for good weather are also most welcome!! Once this event is over the scaffolding with finally come down and the beautiful church tower will be restored to its former glory.

1st Long Melford Scout Group would like to take this moment to thank the people at Holy Trinity for your patience and kindness. You have been the most gracious hosts and we are in no doubt that the community links between Holy Trinity and Long Melford Scout group have become stronger than ever. We are a small

community that relies on support from each other and Holy Trinity has set a wonderful example of what Community really means.

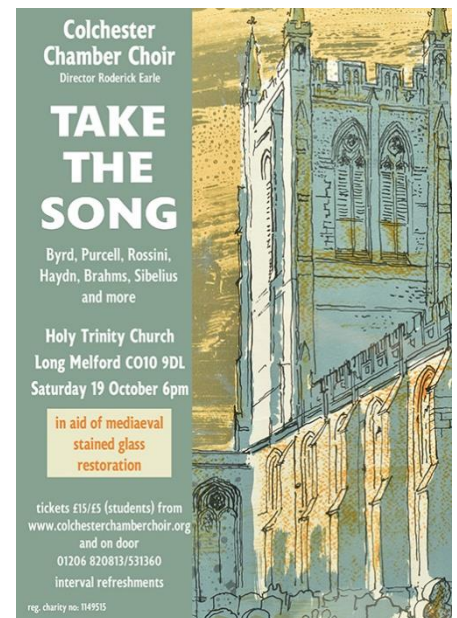
Rector's comment - we are so grateful to the scouts without whom our fundraiser earlier in the year would not have been possible (just try getting abseiling insurance!). Huge appreciation to Lynda too who has taken a lead in organising everything.

'Take the Song'

Holy Trinity will be the venue for a performance entitled 'Take the Song' on Saturday, 19th October commencing at 6pm by Colchester Chamber Choir. Under the direction of Roderick Earle, who currently teaches choral scholars at Trinity College, Cambridge, the evening will include works by Byrd, Purcell, Rossini, Brahms, Sibelius and Haydn.

Tickets: £15 (£5 for students) are available online from colchesterchamberchoir.org and can also be purchased on the door. Wine, beer and soft drinks will be available.

All proceeds will go towards Holy Trinity's mediaeval stained-glass restoration



Suggestions for Prayer

- We pray for a lasting peace in the Holy Land, for a resolution to the war in Ukraine, and a ceasing of hostilities in other places of violence and hatred including the unrest in towns and cities in our own country.
- Please pray for Charlotte as her training for ministry continues.
- We remember before God those who have recently died and those who mourn.
- We pray for those in need of God's presence or his healing touch including Barbara Brady, David Bremer, Robert Hawkins, Ian MacDonald, baby Munroe, Audrey Wreford & Gordon Wright.
- We give thanks to God for those he is calling to service in formal ministry and ask God to encourage, guide and protect them and their families.

A Bible Verse from John Chapter 3

Jesus said: But whoever lives by the truth comes into the light, so that it may be seen plainly that what they have done has been done in the sight of God.

CS Lewis Reflection - "Cellar Time"

C. S. Lewis said that for him, "Nothing was any good until it had been down in the cellar for a while."

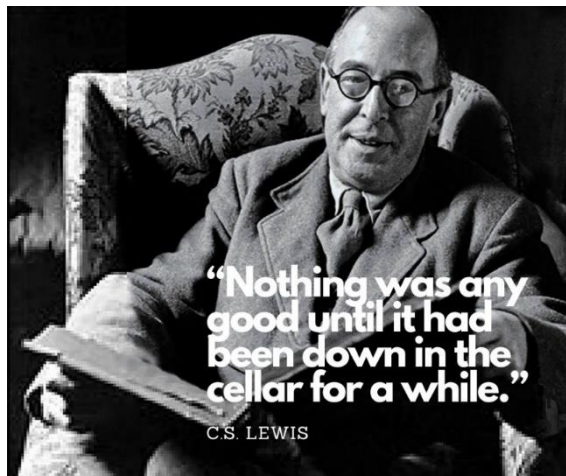
In my last house, I was fortunate to have a cellar. Natural light was limited which meant at times if I spent too much time down there I began to feel more Hobbit than human. Yet it was not where I stored my wine but my study, my prayer space and, at times, my 'shouting at the world' place. It was where I met with God but equally where I sat alone feeling an abject failure and fraud.

I have struggled with advice that in reality really only points back to the person giving it. Hearing about their own ability to "climb the stairs" due to their many years of achievements can end up being quite discouraging.

A better relationship will come from others' "cellar experiences", the ones that share flaws, failures and faith crises. The ones that will act as a pathway to lead another into a place of peace, patience and a greater understanding of themselves and God.

In Luke's gospel the people "were amazed" at Jesus' teaching because his words carried authority (Lk 4:32). His authority held people's attention because it came with a deep understanding of his own sense of being and bearing. It allowed him to be heard and to empathise with others.

When we have spent time "in the cellar" we will offer self-confidence, grounding, and validation to those around us. You can only lead others as far as you have gone. This is what will mature us.



All Souls Service

We will be holding our All Souls Choral Evensong on Sunday 3rd November at 6.30pm. Please let Vicky know if you would like any names read out

ALL SOULS SERVICE

Holy Trinity Church, 6.30pm, 3rd November 2023



The "All Souls Service" will this year take place at Holy Trinity Church on Sunday 3rd November at 6.30pm.

If you would like a loved ones name/s to be read out email Vicky on chadbrookoffice@gmail.com or call 07804 558160, alternatively, please complete the slip below and return Vicky Moakes, c/o The Rectory, The Green, Long Melford, CO10 9DT by close of play Tuesday 29th October.

If you wish to have a name read out, please complete the slip below and return to Vicky Moakes, The Rectory, The Green, Long Melford, Sudbury, Suffolk, CO10 9DT.

Name.....
Tel. / email
In memory of.....
In memory of.....
In memory of.....
In memory of.....

Diary

Sun 29 th	10.30am	Communion at Holy Trinity *
	12.30pm	Baptisms at Holy Trinity
	4.00pm	Shine Informal Worship at Holy Trinity, Lady Chapel
	6.30pm	Lawshall Communion
Mon 30 th	9.30am	Connect baby & toddler group
Tues 1 st Oct	9.00am	Morning Prayer via zoom #
Thurs 3 rd	2.00pm	Interment of Ashes at Holy Trinity – Ellen Jones
	7.00pm	Choir Practice at Holy Trinity
Sat 5 th	10am-5pm	Scouts Abseiling from Holy Trinity
	7.00pm	Harvest Supper at Lawshall Village Hall
	7.00pm	Harvest Supper at Alpheton Village Hall (food at 7.30pm)
6th Oct	9.00am	Harvest Communion at Alpheton
	10.30am	Harvest Festival at Holy Trinity
	12.30am	Baptism at Holy Trinity
	6.30pm	Choral Evensong at Holy Trinity *

*** Livestream Joining Instructions**

- Google the five words “Holy Trinity Long Melford Facebook” or [click here](#) to open the church’s Facebook page (scroll down a bit to see the feed).
- Please note that you do not need a Facebook account yourself in order to watch the livestream.

Morning Prayer Zoom Meeting ID: 810 2345 2032, Password: 283350, or click [here](#).

Dates for your diary

13 th Oct	4.00pm	Harvest Celebration at Lawshall
19 th Oct	6.00pm	Take the Song Concert at Holy Trinity (see flyer on last page)
3 rd Nov	6.30pm	All Souls Evensong
10 th Nov	9.00am	Remembrance Service at Alpheton
10 th Nov	10.45am	Remembrance Service at Lawshall
10 th Nov	10.50am	Remembrance Service at Holy Trinity (please note slightly later start of service)
17 th Nov	10.30am	Elders Commissioning with Archdeacon David Jenkins at Holy Trinity

Collect (*prayer for the day*)

Almighty and everlasting God, increase in us your gift of faith that, forsaking what lies behind and reaching out to that which is before, we may run the way of your commandments and win the crown of everlasting joy; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

First Reading**Genesis 28:10-17**

Jacob left Beersheba and set out for Harran. ¹¹When he reached a certain place, he stopped for the night because the sun had set. Taking one of the stones there, he put it under his head and lay down to sleep. ¹²He had a dream in which he saw a stairway resting on the earth, with its top reaching to heaven, and the angels of God were ascending and descending on it. ¹³There above it stood the Lord, and he said: 'I am the Lord, the God of your father Abraham and the God of Isaac. I will give you and your descendants the land on which you are lying. ¹⁴Your descendants will be like the dust of the earth, and you will spread out to the west and to the east, to the north and to the south. All peoples on earth will be blessed through you and your offspring. ¹⁵I am with you and will watch over you wherever you go, and I will bring you back to this land. I will not leave you until I have done what I have promised you.'

¹⁶When Jacob awoke from his sleep, he thought, 'Surely the Lord is in this place, and I was not aware of it.' ¹⁷He was afraid and said, 'How awesome is this place! This is none other than the house of God; this is the gate of heaven.'

This is the word of the Lord

Thanks be to God

Gospel Reading**John 1:47-51**

Hear the Gospel of our Lord Jesus Christ according to John

Glory to you, O Lord

When Jesus saw Nathanael approaching, he said of him, 'Here truly is an Israelite in whom there is no deceit.'

⁴⁸'How do you know me?' Nathanael asked.

Jesus answered, 'I saw you while you were still under the fig-tree before Philip called you.'

⁴⁹Then Nathanael declared, 'Rabbi, you are the Son of God; you are the king of Israel.'

⁵⁰Jesus said, 'You believe because I told you I saw you under the fig-tree. You will see greater things than that.' ⁵¹He then added, 'Very truly I tell you, you will see "heaven open, and the angels of God ascending and descending on" the Son of Man.'

This is the Gospel of the Lord

Praise to You O Christ

(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))

Post Communion Prayer

We praise and thank you, O Christ, for this sacred feast: for here we receive you, here the memory of your passion is renewed, here our minds are filled with grace, and here a pledge of future glory is given, when we shall feast at that table where you reign with all your saints for ever. **Amen**