

# WELCOME TO OUR CHURCH COMMUNITY



*Thank God  
for Mums!*

If this is your first newsletter, welcome ... if you have any questions about the church family, the Christian faith, or about our children's work, please do not hesitate to call Matthew the Rector on 01787 310 845.

This notice sheet covers the next week and combines:

- Notices
- The church diary (including livestream & Zoom joining instructions)
- Prayers and readings for the services on Sunday 10<sup>th</sup> March

## Mothering Sunday

This Sunday we remember and celebrate motherhood at our 10.30am service at Holy Trinity and at our 4.00pm service at Lawshall. Posies will be handed out to spiritual and physical mothers (basically anyone who is female!). We recognise that for some it is not always an easy day, but all the same it is a command to honour our mothers, and at a time when there is pressure on families lets encourage and support those who God has blessed with children. If you are in two minds please do come along – it would be lovely to have you with us.



## Motherhood and Ministry: Theology and Spirituality

Maybe you have not been able to do any study this Lent – here is a simple way to engage:

Online via Zoom, Tuesday 12 March, 7.30pm - 9.00pm.

Rev Helen Collins, Vice-principal of Trinity College, Bristol will lead this seminar. She writes: "Within this session, we will **reflect** together on some of the theological and spiritual themes which are raised by the intersecting experiences of motherhood and ministry. We will explore the life of Mary, the mother of Jesus, to think about the ways in which she embodied motherhood and ministry." To book your place, please [click here](#).

## Lent Lunches

We welcome you to a simple soup lunch at St Catherine's on Fridays during Lent served at 12.30pm. There will be a short reflection which is suitable for church goers and visitors alike. We will be raising money for the Foodbank and for the Bishops special appeal for the church in Kagera Tanzania see [here](#). Thank you to all who have hosted already. The next lunch is on Friday 15<sup>th</sup> March.




## Live Donkey on Palm Sunday!

As well as a guest speaker (Archdeacon Sally Gaze) you will be able to walk up from the bottom of the Green in Long Melford at approx. 10.00am with a live donkey. Please to join us ...



## Holy Week in the Chadbrook Benefice



### Holy Week in the Chadbrook Benefice

<b>Sun 24<sup>th</sup> Mar</b>	<b>PALM SUNDAY</b>
10.30am	Holy Communion at Holy Trinity Long Melford
6.30pm	Passiontide Evensong at Holy Trinity
<b>Thurs 28<sup>th</sup> Mar</b>	<b>MAUNDY THURSDAY</b>
7.00pm	Simple meal & Communion at Holy Trinity **
<b>Fri 29<sup>th</sup> Mar</b>	<b>GOOD FRIDAY</b>
2.00pm	Devotional Service at Holy Trinity
<b>Sat 30<sup>th</sup> Mar</b>	<b>EASTER EVE</b>
8.30pm	Service of Light at Holy Trinity
<b>Sun 31<sup>st</sup> Mar</b>	<b>EASTER DAY</b>
10.30am	Easter Celebration with Confirmations & Comm'n
6.30pm	Evening Communion at Lawshall

[www.longmelfordchurch.com](http://www.longmelfordchurch.com)  
[www.alphetonandshimplingchurches.org.uk](http://www.alphetonandshimplingchurches.org.uk)  
[www.achurchnearyou.com/church/1952/](http://www.achurchnearyou.com/church/1952/) (Lawshall)

**\*\*Please let Vicky know if you would like attend on 07804 558160 or [chadbrookoffice@gmail.com](mailto:chadbrookoffice@gmail.com)**

## Maundy Thursday Simple Supper

There will be a service on Maundy Thursday 28<sup>th</sup> March at 7.00pm at Holy Trinity, this will be followed by a simple supper. If you would like to attend the supper please contact Vicky on [chadbrookoffice@gmail.com](mailto:chadbrookoffice@gmail.com) 07804 558160 with any dietary requirements.

**Note** Please sign up as soon as you can so we can start preparing the catering.

## Walking with the Cross on Good Friday

On Good Friday the Rector will walk with the cross through our villages. Do join him as he walks along, or stand alongside as he passes, and reflect and pray with this reminder of what Christ went through for us.

9.00am	Lawshall	from the crossroads with Hartest Lane to the Church
10.00am	Shimpling	from the Bush to the Village Hall
11.00am	Alpheton	Old Bury Road and down Church Lane
12.00am	Long Melford	St Catherine's Church to Holy Trinity Church

## Open Gardens in Long Melford

This is a very happy occasion and last year raised a substantial amount of money for the church. Do please put Monday 27<sup>th</sup> May. date in the diary if you want to come along; and if you are able to open your garden that would be wonderful – see flyer. (If you are able to support serving refreshments at Holy Trinity for an hour please contact Denise on 01787 827719 or [carpediem2@hotmail.co.uk](mailto:carpediem2@hotmail.co.uk)). See Flyer Page.

## Your village needs you!

The Annual Shimpling Village Clean Up Morning will take place on Sunday 17<sup>th</sup> March at 11.30am from the Village Hall. We look forward to seeing you there. We have some high vis vests and litter picking sticks but if you have your own high vis vest and gloves, please bring them along. Under 18s must be accompanied by an adult. See flyer page.

## Shimpling Spring Market & Sale Trail

Come and join us at Shimpling Village Hall on Saturday 13<sup>th</sup> April between 10am & 1pm for our Spring Market and Sale Trail. (See flyer at end).

## 'Refresh' Away Day

If informal worship, some great Biblical teaching, youth and children's groups, food provided, worship and prayer, and a comedian in the evening are your thing, why not come along for a day at the Vauxhall Conference Centre near Hadleigh where the 'Refresh' event is being held for church in North Essex and South Suffolk. You can go for the whole weekend but as it is so close we are suggesting that people attend on **Saturday 15<sup>th</sup> June**. Please contact Nicky if you plan to go. [chadbrooklightwave@gmail.com](mailto:chadbrooklightwave@gmail.com), 07938 681 319.

### New Wine North Essex

# refresh

a weekend of worship, teaching, prayer, and fellowship

14<sup>th</sup>-16<sup>th</sup> June 2024

refresh north essex

**Details**

**Tickets**

<https://bit.ly/3vQRDIJ>

## Easyfundraising

There's a free and easy way to support Holy Trinity Long Melford Organ Fund from home, and it starts with easyfundraising! Turn your online shopping at over 8,000 brands into free donations. All your favourite brands are available to shop with, so why not sign up? Plus, for a limited time, we'll get a bonus £7.50 donation: <https://join.easyfundraising.org.uk/holytrinitych/U678NE/c2s/nwHRwGiX/CE815/facebook/>

## Christian Aid Week May 2024

Our benefice group of churches, supports the work of Christian Aid. This is a charity which supports development and emergency relief projects in the third world. This year Christian Aid week is from Sunday 12 to Saturday 18 May. Anybody who wishes to distribute envelopes to people's homes (and/or collect from them) in Long Melford (or elsewhere in our Benefice), please could you contact me by the middle of March. This year I hope to again have collecting buckets in some of the Long Melford shops. Please contact me on 01284 828544 or 07939 194233. Thank you, Richard Blyth.

## Simple fundraiser if renewing you house insurance this year?

Ecclesiastical Insurance will pay your local church £130 if you take your house insurance with them (it is an Which? Best buy). The offer ends in Dec 2024.

Contains promotional material

# £130 for your church

Take out a home insurance policy with Ecclesiastical – one of the UK's most trusted home insurance providers<sup>1</sup> and a Which? Best Buy<sup>2</sup> – and we will donate £130<sup>3</sup> to your church or cathedral. And of course the more people who take out home insurance policies, the more funds that are raised. So restoring that dull, draughty pane to its sparkling former glory could be in sight.

Find out more at [ecclesiastical.com/trust130](https://ecclesiastical.com/trust130)  
or call our team on 0800 7830 130  
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<sup>2</sup> [www.which.co.uk/money/insurance/home-and-mobile-insurance/home-insurance-reviews/ecclesiastical-home-insurance-review-aP0wl9C3uxa6e](https://www.which.co.uk/money/insurance/home-and-mobile-insurance/home-insurance-reviews/ecclesiastical-home-insurance-review-aP0wl9C3uxa6e)

<sup>3</sup> Terms and conditions apply and can be viewed on the offer website page above.

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## Diary

Sun 10 <sup>th</sup>	10.30am	Mothering Sunday Communion at Holy Trinity *
	4.00pm	Mothering Sunday Café Church at Lawshall
Mon 11 <sup>th</sup>	9.30am	Connect Toddler group at St Catherine's
	11.00am	Interment of ashes at Holy Trinity – David Cannon
	7.30pm	Long Melford PCC
Tues 12 <sup>th</sup>	9.00am	Morning Prayer via zoom #
Wed 13 <sup>th</sup>	10.00am	Coffee Caravan at Alpheton
	7.30pm	Lent course
Thurs 14 <sup>th</sup>	7.00pm	Choir Practice at Holy Trinity
Fri 15 <sup>th</sup>	12.30pm	Lent Lunch at St Catherine's
Sun 17 <sup>th</sup>	9.00am	Communion at Shimpling
	10.30am	Communion at Holy Trinity *
	4.00pm	Café Church at St Catherine's Long Melford

### \* Livestream Joining Instructions

- Google the five words "Holy Trinity Long Melford Facebook".
- Click on the top link [or click here](#) to open the church's Facebook page and scroll down a bit.
- Please note that you do not need a Facebook account yourself in order to watch the livestream.

# Morning Prayer Zoom Meeting ID: 810 2345 2032, Password: 283350, or click [here](#).

### Dates for your diary include:

31 <sup>st</sup> Mar	10.30am	Easter Baptisms and Confirmations at HT with Bishop Mike
13 <sup>th</sup> Apr	10am-1pm	Shimpling Spring Market & Sale Trail (the Village Hall & round the village)
27 <sup>th</sup> May	All Day	Open Gardens Long Melford
15 <sup>th</sup> June	All Day	'Refresh' at the Vauxhall Conference Centre Hadleigh
13 <sup>th</sup> July	12-4pm	Melford Village Fete

### Suggestions for Prayer

- We pray for a lasting peace in the Holy Land, for a resolution to the war in Ukraine, and a ceasing of hostilities in other places of violence and hatred.
- We remember before God those who have recently died and those who mourn. In particular we remember the family and friends of Doreen Jordan, and George Young.
- We pray for those in need of God's presence or his healing touch including Barbara Brady and Albie Salmon.

## Collect (*prayer for the day*)

God of love, passionate and strong, tender and careful: watch over us and hold us all the days of our life; through Jesus Christ our Lord. **Amen**

## Exodus 2:1-10

Now a man of the tribe of Levi married a Levite woman, <sup>2</sup> and she became pregnant and gave birth to a son. When she saw that he was a fine child, she hid him for three months. <sup>3</sup> But when she could hide him no longer, she got a papyrus basket for him and coated it with tar and pitch. Then she placed the child in it and put it among the reeds along the bank of the Nile. <sup>4</sup> His sister stood at a distance to see what would happen to him.

<sup>5</sup> Then Pharaoh's daughter went down to the Nile to bathe, and her attendants were walking along the river-bank. She saw the basket among the reeds and sent her female slave to get it. <sup>6</sup> She opened it and saw the baby. He was crying, and she felt sorry for him. 'This is one of the Hebrew babies,' she said.

<sup>7</sup> Then his sister asked Pharaoh's daughter, 'Shall I go and get one of the Hebrew women to nurse the baby for you?'

<sup>8</sup> 'Yes, go,' she answered. So the girl went and got the baby's mother. <sup>9</sup> Pharaoh's daughter said to her, 'Take this baby and nurse him for me, and I will pay you.' So the woman took the baby and nursed him. <sup>10</sup> When the child grew older, she took him to Pharaoh's daughter and he became her son. She named him Moses, saying, 'I drew him out of the water.'

## John 19:25-27

*Hear the Gospel of our Lord Jesus Christ according to John*

**Glory to you, O Lord**

Near the cross of Jesus stood his mother, his mother's sister, Mary the wife of Clopas, and Mary Magdalene. <sup>26</sup> When Jesus saw his mother there, and the disciple whom he loved standing near by, he said to her, 'Woman, here is your son,' <sup>27</sup> and to the disciple, 'Here is your mother.' From that time on, this disciple took her into his home.

*This is the Gospel of the Lord*

**Praise to You O Christ**

*(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))*

## Post Communion Prayer

Loving God, as a mother feeds her children at the breast you feed us in this sacrament with the food and drink of eternal life: help us who have tasted your goodness to grow in grace within the household of faith; through Jesus Christ our Lord. **Amen**



## Power Assisted lean-back chair available

If interested please contact Bernie on 01787 378 183.



## Easter Memorial Lilies

**Easter Sunday** this year will be on 31<sup>st</sup> March. There will be a lily display in remembrance of loved ones, with names remembered listed in the porch as part of our Easter Celebrations. There is a suggested minimum donation of £5.00. Orders can be taken until noon, Friday 22<sup>nd</sup> March. We usually have a marvellous response to the Easter Memorial Lilies so look forward to hearing from you. Please use the form below and write the names clearly in **capital**s of those whom you wish to remember.

### Easter Lilies 2024

I would like to purchase lilies at £5.00 each in memory of:-

1. ....
2. ....
3. ....
4. ....

**Total            £**

Signed.....

Tel. No.....

Address.....

You may pay by cheque payable to Long Melford PCC or placed **clearly** marked in an envelope in the church donation box. Alternatively, please email the names to [chadbrookoffice@gmail.com](mailto:chadbrookoffice@gmail.com)