

# WELCOME TO OUR CHURCH COMMUNITY



If this is your first newsletter, welcome ... if you have any questions about the church family, the Christian faith, or about our children’s work, please do not hesitate to call Matthew the Rector on 01787 310 845.

This notice sheet covers the next week and combines:

- Notices
- The church diary (including livestream & Zoom joining instructions)
- Prayers and readings for the services on Sunday 7<sup>th</sup> April

## Abseiling down Holy Trinity, Long Melford

What you are looking at here is the tower of Holy Trinity Church in our very own village.

While the church and tower have stood for many hundreds of years, the tower which you see today dates back to around 1903, with parts of the older incarnations of the tower being visible within.

It stands at around 118 feet high and is an impressive sight dominating the skyline of Long Melford.

Would anyone like to abseil off it??

After a great deal of hard work by many determined people, we are now pleased to announce that there will be an abseiling fundraising event taking place over the late May bank holiday (25<sup>th</sup>, 26<sup>th</sup> & 27<sup>th</sup> May).

Spaces on this unique event are limited and participants are required to fundraise. £20 deposit to secure a slot and £80 minimum however they chose (Sponsorship being the most obvious) with all funds raised going towards the fabric and upkeep of this very special building.

Let’s face it, how often do you get the chance to do something like this?!

Please direct any enquires to me, preferably by email [lynscarvell@hotmail.com](mailto:lynscarvell@hotmail.com) for more details or to sign up. Spread the word! 😊



## Annual Meetings

An opportunity to serve ... and be blessed. In April we will be having our annual meetings (APCM’s) when there is an opportunity to get elected to our parochial church councils to help with the running of our churches. If you would like to find out more, please talk to Matthew or another PCC member.

<u>Lawshall</u>	Wednesday	22 <sup>nd</sup> April at 7.30pm	All Saints, Lawshall
<u>Long Melford</u>	Monday	29 <sup>th</sup> April at 7.30pm	St Catherine’s
<u>Alpheton &amp; Shimpling</u>	Tuesday	30 <sup>th</sup> April at 7.30pm	Alpheton Church

## 2023 PCC Annual Accounts

Holy Trinity with St Catherine’s (Long Melford) have now been completed. The full copy of the report can be found [here](#) (or email [chadbrookoffice@gmail.com](mailto:chadbrookoffice@gmail.com) if you want a copy).

## ‘Refresh’ Away Day

If informal worship, some great Biblical teaching, youth and children’s groups, food provided, worship and prayer, and a comedian in the evening are your thing, why not come along for a day at the Vauxhall Conference Centre near Hadleigh where the ‘Refresh’ event is being held for church in North Essex and South Suffolk. You can go for the whole weekend but as it is so close we are suggesting that people attend on **Saturday 15<sup>th</sup> June**. Please contact Nicky if you plan to go. [chadbrooklightwave@gmail.com](mailto:chadbrooklightwave@gmail.com), 07938 681 319.



New Wine North Essex

# refresh

a weekend of worship, teaching, prayer, and fellowship

14th-16th June 2024

[refresh north essex](https://www.facebook.com/refreshnorthessex)

Details 

Tickets 

<https://bit.ly/3xORDiI>

## Quiz Night for Long Melford’s Medieval Stained Glass

Friday 26th April 6.30pm - Quiz night with supper with wine, hosted by TalkSport’s Guy Swindells. £15 a head, minimum of 4 people to a team (max 6 people). Tickets will be available from Breakout & Budgens. All to restore Holy Trinity’s medieval stained glass; a national treasure.



6.30pm  
Village  
Hall

Friday  
26th  
April

# QUIZ NIGHT

WITH SUPPER & WINE

Hosted by TalkSport’s GUY SWINDELLS


£15 per head, min 4 per team (max 6)

Price includes chilli con carne\* and soft drinks  
Wine available by the glass or bottle

Tickets from Breakout & Budgens

To raise funds to restore Long Melford’s  
medieval stained glass  
– a unique national treasure

\*Vegetarian option available



## Suggestions for Prayer

- We pray for a lasting peace in the Holy Land, for a resolution to the war in Ukraine, and a ceasing of hostilities in other places of violence and hatred.
- We remember before God those who have recently died and those who mourn. In particular we remember the family and friends of Steven Cornelius, June Douglas, Bernard Hale, Violet Hamilton, Doreen Jordan, Donald Palmer Randle, and Gerald Sparke.
- We pray for those in need of God's presence or his healing touch including Barbara Brady, Robert Hawkins, and Albie Salmon.

## Diary

Sun 7 <sup>th</sup>	9.00am	Communion at Alpheton
	10.30am	Family Service at Holy Trinity *
	6.30pm	Choral Evensong at Holy Trinity <i>(with Rossignol Consort)</i>
Tues 9 <sup>th</sup>	9.00am	Morning Prayer via zoom #
	1.30pm	Funeral at Shimpling – Steven Graham Cornelius
Wed 10 <sup>th</sup>	10.00am	Coffee Caravan at Alpheton Village Hall
Thurs 11 <sup>th</sup>	7.00pm	Choir Practice at Holy Trinity
Sat 13 <sup>th</sup>	10am	Shimpling Spring Market & Sale Trail (see below)
Sun 14 <sup>th</sup>	10.30am	Family Service at Holy Trinity *
	4.00pm	Wild Church - Frithy Wood, Lawshall (if weather warning we will have Café church at Lawshall church)

### \* Livestream Joining Instructions

- Google the five words "Holy Trinity Long Melford Facebook".
- Click on the top link [or click here](#) to open the church's Facebook page and scroll down a bit.
- Please note that you do not need a Facebook account yourself in order to watch the livestream.

# Morning Prayer Zoom Meeting ID: 810 2345 2032, Password: 283350, or click [here](#).

### Dates for your diary include:

13 <sup>th</sup> Apr	10am-1pm	Shimpling Spring Market & Sale Trail (Village Hall & round the village)
27 <sup>th</sup> May	All Day	Open Gardens Long Melford
15 <sup>th</sup> June	All Day	'Refresh' at the Vauxhall Conference Centre Hadleigh
13 <sup>th</sup> July	12-4pm	Melford Village Fete

**Collect** (*prayer for the day*)

Risen Christ, for whom no door is locked, no entrance barred: open the doors of our hearts, that we may seek the good of others and walk the joyful road of sacrifice and peace, to the praise of God the father. **Amen**

**First Reading****Acts 4:32-35**

All the believers were one in heart and mind. No one claimed that any of their possessions was their own, but they shared everything they had. <sup>33</sup>With great power the apostles continued to testify to the resurrection of the Lord Jesus. And God's grace was so powerfully at work in them all <sup>34</sup>that there was no needy person among them. For from time to time those who owned land or houses sold them, brought the money from the sales <sup>35</sup>and put it at the apostles' feet, and it was distributed to anyone who had need.

*This is the word of the Lord***Thanks be to God****Gospel Reading****John 20:19-31***Hear the Gospel of our Lord Jesus Christ according to John***Glory to you, O Lord**

On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jewish leaders, Jesus came and stood among them and said, 'Peace be with you!' <sup>20</sup>After he said this, he showed them his hands and side. The disciples were overjoyed when they saw the Lord.

<sup>21</sup>Again Jesus said, 'Peace be with you! As the Father has sent me, I am sending you.' <sup>22</sup>And with that he breathed on them and said, 'Receive the Holy Spirit. <sup>23</sup>If you forgive anyone's sins, their sins are forgiven; if you do not forgive them, they are not forgiven.'

<sup>24</sup>Now Thomas (also known as Didymus), one of the Twelve, was not with the disciples when Jesus came. <sup>25</sup>So the other disciples told him, 'We have seen the Lord!'

But he said to them, 'Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, I will not believe.'

<sup>26</sup>A week later his disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, 'Peace be with you!' <sup>27</sup>Then he said to Thomas, 'Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe.'

<sup>28</sup>Thomas said to him, 'My Lord and my God!'

<sup>29</sup>Then Jesus told him, 'Because you have seen me, you have believed; blessed are those who have not seen and yet have believed.'

<sup>30</sup>Jesus performed many other signs in the presence of his disciples, which are not recorded in this book. <sup>31</sup>But these are written that you may believe that Jesus is the Messiah, the Son of God, and that by believing you may have life in his name.

*This is the Gospel of the Lord***Praise to You O Christ***(Bible readings courtesy of Bible Gateway New International Version - UK (NIVUK))***Post Communion Prayer**

Lord God our Father, through our Saviour Jesus Christ you have assured your children of eternal life and in baptism have made us one with him: deliver us from the death of sin and raise us to new life in your love, in the fellowship of the Holy Spirit, by the grace of our Lord Jesus Christ. **Amen**

## Your generosity makes a difference ...

We are so grateful for the commitment and faithfulness of our congregations at a time when many are under pressure financially and in other ways. This support includes regular giving financially through cash, cheques, or card readers at our services, QR codes, standing orders ... or the Parish Giving Scheme (which collects the gift aid automatically for us). If you are not already giving regularly, please could you consider starting – even if a small amount. Every little helps ... and it enables us to manage our resources more effectively. Also note that standing orders and the Parish Giving Scheme reduce the workload of our finance teams.

### **For Holy Trinity & St Catherine's:**

- Ideally use the Parish Giving Scheme: call 0333 002 1271 (you will probably speak to an actual person!) or look up 'Long Melford' on the 'Parish Giving Scheme' website [here](#).
- And of course, you can make set up a standing order to: "Long Melford Parochial Church Council", Sort Code 60 21 03, Account Number 01206125 or make regular donations at our services.
- For a one-off donation please use the plates, card readers or this QR code:



### **For Alpheton & Shimpling:**

- You can set up a standing order to: 'Alpheton & Shimpling PCC', Sort Code 60-04-16; Account Number 56293658 or make regular donations at our services.
- For a one-off donation please use the plates, card readers or this QR code:



### **For Lawshall**

- You can set up a standing order to 'Lawshall PCC', Sort Code 60 04 16, Account Number 56267037 or make regular donations at our services (we are in the process of getting a card reader).
- For a one-off donation please use the plates or make a BACS transfer.

### **What about the 4 o'clock community?**

- As the 4 o'clock community operates across all the benefices, can we suggest that you split your donations between the three parishes (sorry if setting this up is a slight hassle but it is pretty quick if banking electronically).